




Australasian Society of Behavioural Health and Medicine 2021 Conference Agenda

Please click on any session to instantly load the relevant Zoom room.
The password for all rooms is: **asbhm2021**

Day One: Wednesday 3 rd February 2021		Click here to join the Foyer any time		
N.b. Presentations take place in Main Room unless otherwise stated.				
(WST)	Opening Plenary Session			
8:00am-8:30am	Welcome Address ASBHM President Professor Barbara Mullan (Acknowledgement of Country)			
8:30am-9:30am	Introduced by Professor Charles Abraham Keynote Address: The health and economic consequences of climate change-human health nexus Professor Rachel Huxley (Deakin University)			
9:30am-10:30am	Introduced by Caitlin Liddelow Master Lecture: Active Team – a gamified, online social networking physical activity app. Development, evaluation, dissemination and lessons learned Professor Carol Maher (University of South Australia)			
10:30am-12:30pm	Poster Session Various Presenters.			
12:30pm-1:00pm	Lunch Break			
1:00pm-2:00pm	Introduced by Dr Chris Kilby Keynote Address: Indigenous health and the disparity between government policy, action and the wellbeing of First Nations people Professor Peter Yu (Australian National University)			
2:00pm-3:30pm	Concurrent Sessions			
	Main Room Symposium <i>Chaired by symposium chair</i>	Room 1 Theory and Measurement <i>Chair: Kerry Sherman</i>	Room 2 Diet and Healthy Eating <i>Chair: Caitlin Liddelow</i>	Room 3 Child and Adolescent Health Behaviour <i>Chair: Tess Fletcher</i>
	From neurobiology to social networks: psychosocial factors that influence the effectiveness and side effects of medications, Kirsten Barnes, Kate Faasse, Marco Valerio, Leila Mirbagher, & Winston Tan.	Adequacy of measures of informed consent in medical practice: A systematic review, Kerry Sherman.	The Influence of Social Normative Information on the Modeling of Food-related Decisions, Sarah Rubenstein.	School-based interventions for preventing obesity in children aged 6 to 18 years, Rebecca Hodder.

Conference program also available at asbhm2021.asbhm.com/conference-program-overview/
Contact admin@asbhm.com if you are having any problems connecting.

Please click on session to load the room (password for all rooms: **asbhm2021**)

2:00pm-3:30pm	Concurrent Sessions (cont.)			
	Main Room Symposium <i>Chaired by symposium chair</i>	Room 1 Theory and Measurement <i>Chair: Kerry Sherman</i>	Room 2 Diet and Healthy Eating <i>Chair: Caitlin Liddelow</i>	Room 3 Child and Adolescent Health Behaviour <i>Chair: Tess Fletcher</i>
		A scoping review of Q-methodology in healthcare research, Kristiana Ludlow.	Association of habitual intake of fruits and vegetables with depressive symptoms: the AusDiab Study, Simone Radavelli-Bagatini.	Effectiveness of a universal school-based drug education program on student tobacco, alcohol and other drug outcomes, Rebecca Hodder.
		A framework for designing behaviour change interventions: Theory-grounded organization of specific techniques and strategies, Ron Borland.	The role of rational and automatic processes in parental snack giving behaviour, Astrid Green.	Investigating differences between traditional (paper bag) ordering and online ordering from primary school canteens: A cross-sectional study comparing menu, usage, and lunch order characteristics, Rebecca Wyse.
		'Vinyl in the era of iTunes' Sociotechnical team behaviour in clinical genomics, Stephanie Best.	Healthiness matters: Approach motivation for (un)healthy food in overweight and obese individuals, Laura Dondzilo.	Adolescents' Preferred Park Features for Supporting Park Visitation, Physical Activity and Social Interaction, Elise Rivera.
		Conceptualizing the challenge of behaviour change, Charles Abraham.	Explaining sugar-sweetened beverage consumption using temporal self-regulation theory, Thomas McAlpine.	Improving safe food-handling practices among students by increasing self-efficacy, Denise van Rijen.
			An exploration of the provision of healthy food by community organisations, Moirra O'Connor.	Exploring the link between youth sports participation and mental health: The role of key physical health behaviours, Lauren Gardner.
3:30pm	End of Day 1 Proceedings			
3:30pm-4:45pm	Peers Connect Event 100 Point Challenge – Team-based Puzzles and Networking			

Conference program also available at asbhm2021.asbhm.com/conference-program-overview/
 Contact admin@asbhm.com if you are having any problems connecting.

Please click on session to load the room (password for all rooms: **asbhm2021**)

Day Two: Thursday 4th February 2021

N.b. Presentations take place in Main Room unless otherwise stated.

[Click here to join the Foyer any time](#)

8:00am-9:30am	Concurrent Sessions			
	Main Room Symposium <i>Chaired by symposium chair</i>	Room 1 Chronic Disease Management <i>Chair: Jemma Todd</i>	Room 2 COVID and Vaccination <i>Chair: Chris Kilby</i>	Room 3 Stress, Mental Health & Wellbeing <i>Chair: Daniel Brown</i>
Wellbeing among Young People with Chronic Conditions, Asha Parkinson, Philippa Loseby, Anna Boggiss, Amy Finlay-Jones, & Keely Bebbington.	Is it acceptable and/or feasible to collect patient-reported outcome measures during a cancer clinical trial? Eden Robertson.	How can we increase and maintain COVID-19 testing in Australia? Identifying and addressing behavioural barriers, Carissa Bonner.	Psychosocial Predictors of Psychological Wellbeing during Self-Isolation due to the COVID-19 Pandemic, Jessica Kent.	
	The role of fatigue, disease severity, mental health and stigma on predicting willingness to engage in psychotherapy for fatigue in patients with inflammatory bowel disease, Catherine Emerson.	“My opinion of vaccines depends heavily on which one”: Personality predictors of attitudes toward childhood, flu, COVID, and general vaccines, Chris Kilby.	Evaluation of an Implementation Intentions Intervention for Managing University Student Stress, Leah Rackemann.	
	The cognitive biases of Type 2 diabetes and chronic pain, Jemma Todd.	The Toilet Paper Apocalypse: Correlates of Health Behaviours and Stockpiling to COVID-19, Chris Kilby.	How families communicate about child chronic illness: Implications for sibling wellbeing, Joanna Wu.	
	Associations between illness perceptions and glycaemic control in patients with type 2 diabetes in Saudi Arabia, Mohsen Alyami.	Patterns of COVID-19 prevention behaviours over time in Australia, April to July 2020, Julie Ayre.	How do Self-Compassion-Based Interventions Work? Investigating Emotion Regulation & Self-Compassion as Mediators of a Body Image Intervention for Breast Cancer Survivors, Melissa Pehlivan.	
	Weight bias in health care professionals: A systematic review and meta-analysis, Blake Lawrence.	The Underlying Motivators for Anti-Vaccination Attitudes Among Sunshine Coast Parents, Karina Rune.	Self-Concept Clarity and Appearance-Based Social Comparison to Thin-Ideal Models, Jeanne Carter.	
	What would you do? Prostate cancer survivors’ experiences of surgical and adjuvant treatment decision-making consultations, Sally Sargeant.	What does "coronavirus is a hoax" really mean? Micah Goldwater.	Am I Sick Enough Yet? Exploring women’s experience’s of nasogastric tubes when used as part of treatment for Anorexia Nervosa, Rhiannon Lehndorf Moore.	

[Conference program also available at asbhm2021.asbhm.com/conference-program-overview/](https://asbhm2021.asbhm.com/conference-program-overview/)
Contact admin@asbhm.com if you are having any problems connecting.

Please click on session to load the room (password for all rooms: asbhm2021)

9:30am-10:00am	Coffee Break		
10:00am-12:00pm	Introduced by Caitlin Liddelow Workshop: Peers Connect Workshop: Conducting research that is inclusive and respects diversity - Room 1 Dr Peta Dzidic (Curtin University)		
12:00pm-1:00pm	Lunch Break		
1:00pm-2:00pm	Introduced by Professor Barbara Mullan Keynote Address: Breastfeeding: Using health behaviour theories to understand and influence a complex behaviour Professor Jane Scott (Curtin University)		
2:00pm-3:30pm	Concurrent Sessions		
	Main Room Symposium <i>Chaired by symposium chair</i>	Room 1 Symposium <i>Chaired by symposium chair</i>	Room 2 Behaviour Change <i>Chair: Jessica Charlesworth</i>
	Advances in the Science of Health Communication, Michelle Jongenelis, Bill King, Ron Borland, Charles Abraham, Helen Dixon, & Freya Horn.	Behavioural Approaches to Diabetes Self-Management, Michelle Hadjiconstantinou, Natalie Jetta, Natasha Watson, Deborah Schofield, & Enrique Mergelsberg.	The importance of cues when forming a new habit or breaking an existing habit, Barbara Mullan.
			Are there age related interactions with key theoretical determinants of smoking cessation? Michael Le Grande.
			Understanding the Predictors of Hand Hygiene Using Aspects of the Theory of Planned Behaviour and Temporal Self-Regulation Theory, Amber Ferrier.
			Adherence to the oral contraceptive pill: the roles of health literacy and knowledge, Caitlin Liddelow.
			The impact of research participation on organisation engagement: examining the relationship between research participation and blood donation, Sarah Kruse.
			Examining the effects of a pilot safe food-handling media campaign: Mechanisms of behaviour change, Jessica Charlesworth.
3:30pm	End of Day 2 Proceedings		
3:30pm-4:30pm	Quiz Night and Social Drinks		

[Conference program also available at asbhm2021.asbhm.com/conference-program-overview/](https://asbhm2021.asbhm.com/conference-program-overview/)
Contact admin@asbhm.com if you are having any problems connecting.

Please click on session to load the room (password for all rooms: asbhm2021)

Day Three: Friday 5 th February 2021		Click here to join the Foyer any time		
N.b. Presentations take place in Main Room unless otherwise stated.				
7:00am-8:00am	Yoga Class with Alana Ray (Alana Ray Yoga – Sydney) Room 1			
8:00am-9:00am	Introduced by Dr Jemma Todd Master Lecture: Transforming the role of the family carer – from optional extra to empowered partner in care Professor Ilona Juraskova (University of Sydney)			
9:00am-10:00am	Introduced by Professor Kerry Sherman Master Lecture: Improving implementation science to improve health: current challenges and potential solutions Professor Luke Wolfenden (University of Newcastle)			
10:00am-10:15am	Coffee Break			
10:15am-11:45am	Concurrent Sessions			
	Main Room Symposium <i>Chaired by symposium chair</i>	Room 1 E-Health <i>Chair: Maddy Kinlay</i>	Room 2 Women's Health <i>Chair: Jacquie Mills</i>	Room 3 Chronic Disease Prevention <i>Chair: Barbara Mullan</i>
	Improving water safety behaviours to reduce drowning risk, Kyra Hamilton, Jacob Keech, Stephanie Smith, Stacey Willcox-Pidgeon, & Amy Peden. Symposia Cont.	Mental health and caring responsibilities among siblings of young people with chronic illness: Implications for a videoconferencing intervention for adolescent siblings (SIBS-ONLINE), Lauren Kelada.	The relationship between body mass, symptoms and body image in women with polycystic ovarian syndrome, Georgia Rush-Privitera.	Barriers to and enablers of type 2 diabetes screening among women with previous gestational diabetes: a qualitative systematic review using the Theoretical Domains Framework, Amelia Lake.
		Testing an Online ACT Intervention for Adults Living with Chronic Illness During the Covid-19 Pandemic, Kate Wallace-Boyd.	Exploring the impact of endometriosis symptom frequency and endometriosis-related sexual pain on women's sexual wellbeing and associated impacts on subjective and emotional wellbeing, Georgia Rush-Privitera.	Barriers to and enablers of type 2 diabetes screening and postpartum healthy lifestyles among Culturally and Linguistically Diverse women with previous gestational diabetes: a qualitative systematic review using the Theoretical Domains Framework, Amelia Williams.
		Mobile applications in the self-management of heart failure: a qualitative study of patients' and clinicians' perspectives on desired features and behavioural components, Leticia Bezerra.	Delineating Sociodemographic, Medical and Quality of Life Factors Associated with Psychological Distress in Individuals with Endometriosis, Carla Sullivan-Myers.	Profiling risk for chronic disease among Australian adolescents: Prevalence and socio-demographic correlates of lifestyle risk behaviours, Katrina Champion.

Conference program also available at asbhm2021.asbhm.com/conference-program-overview/

Please click on session to load the room (password for all rooms: asbhm2021)

10:15am-11:45am	Concurrent Sessions (cont.)			
	Main Room Symposium <i>Chaired by symposium chair</i>	Room 1 E-Health <i>Chair: Maddy Kinlay</i>	Room 2 Women's Health <i>Chair: Jacquie Mills</i>	Room 3 Chronic Disease Prevention <i>Chair: Barbara Mullan</i>
	Improving water safety behaviours to reduce drowning risk, Kyra Hamilton, Jacob Keech, Stephanie Smith, Stacey Willcox-Pidgeon, & Amy Peden. Symposia Cont.	Mobile applications for heart failure self-management: a systematic review and description of behaviour change components, Leticia Bezerra.	Understanding alcohol use in pregnancy using the prototype willingness model and the theory of planned behaviour, Tess Fletcher.	Coordinating Healthcare with Artificial intelligence-supported Technology in Atrial Fibrillation patients (CHAT-AF) – intervention development and behavioural components, Ritu Trivedi.
		Promoting healthy lifestyle behaviours and wellbeing of working women across the reproductive years: Co-design of a digital wellbeing program using Intervention Mapping, Seonad Madden.	“She’s a stropky unpredictable teenager”: Qualitative Accounts of Body Image in those Living with Endometriosis, Katherine Sayer-Jones.	General practitioner perspectives of inequalities in the prevention and management of cardiovascular disease, Amanda Baumgart.
	The effectiveness of canteen manager feedback reports and menu-labelling targeting consumers in encouraging healthier food choices within students’ online lunch orders: a pilot cluster randomised controlled trial in NSW primary school canteens, Jacklyn Jackson.	The experience of the Australian healthcare system for women with endometriosis, Jacquie Mills.	Treating Low-Risk Ductal Carcinoma in Situ (or Not?) – Qualitative Study of Patient Perspectives, Jolyn Hersch.	
11:45am-12:45pm	Lunch Break/Annual General Meeting			
12:45pm-2:45pm	Workshop: Behaviour Change Intervention Design - Room 1 Professor Charles Abraham and Professor Ron Borland (University of Melbourne)			
2:45pm-3:00pm	Closing Address and Award Presentations Dr Chris Kilby			
3:00pm	End of Day 3 Proceedings			

[Conference program also available at asbhm2021.asbhm.com/conference-program-overview/](https://asbhm2021.asbhm.com/conference-program-overview/)
Contact admin@asbhm.com if you are having any problems connecting.